



~ May 2008 ~

LEEZA'S PLACE at WellMed
 (A Tax-Exempt 501(c) (3) Not-For-Profit Organization)
 14100 Nacogdoches, Suite 120
 San Antonio, Texas 78247

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
All programs at LEEZA'S PLACE at WellMed are FREE OF CHARGE!				1	2 Flex and Stretch 10:00-11:00 Respite Care 10:00-3:00	3
4	4 Making memories with photos 11:00-1:00	6	7 Care Giver Support Group 10:30-11:30am 5:30-6:30pm	8 ENP 9:30-11:00 Cooking with Rita	9 Meditation 10:00-11:00 Respite Care 10:00-3:00	10
11 Happy Mother's Day	12	13 Scrapbooking and rubber stamping 5:30-7:30pm	14 One stroke beginners class 10:00-12:00	15	16 Flex and Stretch 10:00-11:00 Respite Care 10:00-3:00	17
18	19 Making memories with photos 11:00-1:00	20	21 Care Giver Support Group 10:30-11:30am 11:30-the Aging Process Support Group 5:30-6:30pm	22 ENP 9:30-11:00 Cooking with Rita	23 Meditation 10:00-11:00 Respite Care 10:00-3:00	24
25	26 Office closed in observance of Memorial Day	27 "incontinence" Management Tips for Care Givers 2:00-3:00	28 One Stroke Intermediate Class 10:00-12:00	29	30 Respite care 10:00-3:00 Open House 2:00-4:00pm	31
					For more information please call Marisa Chapa Leeza Care Advocate, (210) 599-4614 Cell: (210)909-1774	

LEEZA'S PLACE is an intimate and safe setting where caregivers and those recently diagnosed with a memory disorder can gather to prepare themselves for the challenging journey ahead. ~ We offer a supportive setting created for the purpose of **educating, empowering, and energizing.** ~